



Knowledge and Skills in Heart Healthcare



Making updating CVD easy

We know primary health care professionals are busy people who work in busy places!

Learning “on the go”

Information presented on a single page can provide an interesting read with your morning coffee or a discussion in a group.

The series of “one pagers” are designed to give learning opportunities that take no more than 3 minutes or longer if you decide to look up the references provided or turn it into a discussion with colleagues.

Your choice!

Through questioning the content and your own practice and processes the aim is to encourage creative and critical thinking.

Knowledge and skills in heart health care one pagers encourage “let’s stop and think” moments.

Who is it for?

Engage the entire practice or PHO staff for professional development and practice quality improvement.

We hope they will promote your supportive learning environment.

How can they be used?

Circulate via Email or in person, display in the lunch room, on coffee tables or on notice boards

Use as practice meeting’s agenda topic

Practice engagement for nurse champions and PHO practice support staff

Any other way you can think of?? Tell us!



A comfort zone- a beautiful place, but nothing ever grows there. Take the Heart Foundation challenge!